

Rialto Unified School District

Nov 1, 2024 thru Nov 1, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 10/25/2024 1:03:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/01/2024																
High School Lunch	Total	3199														
CHILI VERDEFRIES w/cheese-2 018	SERVING,	500	476	118	1119	2.61	2.25	120.5	129	13.95	*1	40.82	33.04	20.07	6.07	*0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	522	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	2226	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1122	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			844	83	1446	7819.9	4.15	706.1	5407	40.95	*48	42.25	116.12	24.12	7.12	*0.04
% of Calories											*22.8%	20.0%	55.0%	25.7%	7.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Nov 1, 2024 thru Nov 1, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			844	83	1446	7819.9	4.15	706.1	5407	40.95	*48 *51.3%	42.25 20.0%	116.12 55.0%	24.12 25.7%	7.12 7.6%	*0.04 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	844		750 - 850					
Cholesterol (mg)	83							
Sodium 1 (mg)	1446		1420					
Sodium 1a (mg)	1446		1280					
Fiber (g)	7819.95							
Iron (mg)	4.15							
Calcium (mg)	706.1							
Vitamin A (IU)	5407							
Sugars (g)	48	22.79%			Missing			
Vitamin C (mg)	40.95							
Protein (g)	42.25	20.02%						
Carbohydrate (g)	116.12	55.01%						
Total Fat (g)	24.12	25.71%	<=30.00%					
Saturated Fat (g)	7.12	7.59%	<10.00%					
Trans Fat ¹ (g)	0.04	0.04%			Missing			

*Data comparisons are not available for one or two day selections

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/04/2024																
High School Lunch	Total	3199														
PRETZEL DOG 2013 WG	1 EACH	500	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
PIZZA,DOMINOS14"WGPep,slic e'24	1 serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	1 serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	1 Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	1 serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
PROTEIN BOX HIGH SCHOOL '24	1 EACH	522	695	214	964	9.34	5.16	315.8	3423	15.46	*6	23.08	58.99	46.52	11.39	*0.12
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	700	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	1 package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	1 serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	1 serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1199	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	1 PKG	500	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	1 PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	1 OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	1 PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	1 PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	1 PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			764	84	1304	712.74	4.81	554.3	5474	40.39	*40	34.77	110.81	21.74	6.01	*0.04
% of Calories											*20.9%	18.2%	58.0%	25.6%	7.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/05/2024																
High School Lunch	Total	3199														
Popcorn Chix Bow-Wh.Grain 2021	Serving	500	365	47	809	4.90	1.65	218.9	161	2.48	7	19.38	45.35	13.13	2.20	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	1000	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, Southwest Chicken '23	1 each	200	974	119	1732	16.02	7.09	409.9	1485	6.22	*8	39.46	91.18	55.22	14.26	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1199	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	500	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	500	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			751	60	1374	1765.0	4.15	549.5	5578	40.25	*42	33.54	112.77	20.03	5.49	*0.06
% of Calories											*22.1%	17.9%	60.1%	24.0%	6.6%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/06/2024																
High School Lunch	Total	3199														
Bean and cheese Pupusa '24	1 each	500	320	15	526	6.00	1.42	232.0	3513	19.33	*3	13.96	41.43	11.12	3.53	*0.00
Curtido, Homemade 2024	Servings	500	30	0	46	2.00	0.34	32.0	3508	19.33	*2	0.96	6.43	0.12	0.03	*0.00
PIZZA,DOMINOS14"WGPep,slc e'24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Sply Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Camitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	522	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1199	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	200	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	200	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			758	62	1319	713.17	3.98	601.3	7003	45.66	*40	35.11	111.05	20.20	6.12	*0.02
% of Calories											*20.9%	18.5%	58.6%	24.0%	7.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/07/2024																
High School Lunch	Total	3199														
Chicken, Kung Pao, Yangs '24	servings	500	127	44	363	0.00	5.22	0.0	500	8.4	5	14.0	11.0	3.0	1.00	0.00
Noodles, Chow mein, Ling's 2015	1 CUP	500	170	0	360	6.00	1.44	0.0	15	0.0	3	6.0	35.0	0.0	0.00	0.00
Chicken, Tangerine Sec-'23	SERV	500	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	servings	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER, W/ HIVE '23	1 EACH	900	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO, Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	servings	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD, CHEF, '24	1 EACH	522	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	servings	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	servings	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1199	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	200	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	200	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	200	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			750	76	1343	712.15	4.88	517.7	5767	41.71	*43	34.66	113.25	18.99	5.36	*0.05
% of Calories											*22.8%	18.5%	60.4%	22.8%	6.4%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/08/2024																
High School Lunch	Total	3199														
Cheesy Nachos W/SAUCE- 2021	SERVING	500	265	8	427	3.25	2.28	215.1	356	1.14	*5	7.89	31.38	11.69	3.97	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	522	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	2226	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1122	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			811	66	1338	7820.0	4.15	720.9	5443	38.95	*49	37.11	115.86	22.81	6.79	*0.04
% of Calories											*24.0%	18.3%	57.1%	25.3%	7.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			767	70	1336	2344.6	4.40	588.8	5853	41.39	*43	35.04	112.75	20.76	5.96	*0.04
											*49.9%	18.3%	58.8%	24.4%	7.0%	*0.0%

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	767		750 - 850	100%				
Cholesterol (mg)	70							
Sodium 1 (mg)	1336		1420	94%				
Sodium 1a (mg)	1336		1280	104%			56	Correction Required - Sodium too High
Fiber (g)	2344.63							
Iron (mg)	4.40							
Calcium (mg)	588.8							
Vitamin A (IU)	5853							
Sugars (g)	43	22.19%			Missing			
Vitamin C (mg)	41.39							
Protein (g)	35.04	18.28%						
Carbohydrate (g)	112.75	58.82%						
Total Fat (g)	20.76	24.36%	<=30.00%					
Saturated Fat (g)	5.96	6.99%	<10.00%					
Trans Fat' (g)	0.04	0.05%			Missing			

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/12/2024																
High School Lunch	Total	3199														
Wings & Mac '23	SERVING	400	786	230	2159	0.47	1.04	711.4	2314	0.53	*20	51.85	39.43	46.57	18.00	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	400	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	1200	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, Southwest Chicken '23	1 each	200	974	119	1732	16.02	7.09	409.9	1485	6.22	*8	39.46	91.18	55.22	14.26	*0.00
Peach Cup, Froz. 2017	1 each	1000	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	1000	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	1000	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	300	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	600	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	200	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	200	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	200	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	200	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			798	77	1171	712.07	3.83	683.9	5082	54.00	*44	35.89	118.32	21.47	7.20	*0.02
% of Calories											*22.0%	18.0%	59.3%	24.2%	8.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/13/2024																
High School Lunch	Total	3199														
Meatball Grinder, Beef 2017	Serving(5 piece)	400	441	68	1078	5.38	5.02	356.8	924	13.06	*5	31.9	46.74	16.3	7.25	*0.00
PIZZA,DOMINOS14"WGPep,slic e'24	500 serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	200	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	200	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	600	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	300	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	300	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	300	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			763	63	1189	712.34	4.27	672.8	5361	48.22	*38	36.55	115.79	18.24	6.12	*0.02
% of Calories											*20.1%	19.2%	60.7%	21.5%	7.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/14/2024																
High School Lunch	Total	3199														
SOUP,CHICKEN TORTILLA '23	1 CUP	500	468	62	834	8.75	5.51	118.3	1720	9.54	*3	19.3	48.76	23.06	4.42	*0.00
Chicken, Tangerine Sec-'23	SERV	600	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.18
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	600	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	200	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	200	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	600	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	200	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	200	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	200	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	200	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			770	69	1095	712.81	4.58	600.2	5128	46.30	*39	34.95	116.31	19.46	5.54	*0.02
% of Calories											*20.1%	18.1%	60.4%	22.7%	6.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/15/2024																
High School Lunch	Total	3199														
Chicken & Waffles, WG 2024	Serving	500	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	900	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	522	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	200	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	600	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	200	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	200	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	200	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	200	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			791	63	1235	713.20	4.68	578.3	5541	52.63	*42	36.06	116.51	21.84	6.40	*0.05
% of Calories											*21.4%	18.2%	58.9%	24.8%	7.3%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			781	68	1172	712.61	4.34	633.8	5278	50.29	*41	35.86	116.73	20.25	6.31	*0.03
											*47.1%	18.4%	59.8%	23.3%	7.3%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	781		750 - 850	100%				
Cholesterol (mg)	68							
Sodium 1 (mg)	1172		1420	83%				
Sodium 1a (mg)	1172		1280	92%				
Fiber (g)	712.61							
Iron (mg)	4.34							
Calcium (mg)	633.8							
Vitamin A (IU)	5278							
Sugars (g)	41	20.92%			Missing			
Vitamin C (mg)	50.29							
Protein (g)	35.86	18.37%						
Carbohydrate (g)	116.73	59.81%						
Total Fat (g)	20.25	23.35%	<=30.00%					
Saturated Fat (g)	6.31	7.28%	<10.00%					
Trans Fat ¹ (g)	0.03	0.03%			Missing			

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 10/31/2024 8:59:56 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/18/2024																
High School Lunch	Total	3199														
QUESADILLA,spicy chd-mozz,2024	1 EACH	400	485	2	814	6.99	2.34	221.1	171	0.01	2	19.88	41.97	26.4	11.63	*0.00
PIZZA,DOMINOS14"WGPep,slc e'24	serving	400	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	300	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
PROTEIN BOX HIGH SCHOOL '24	1 EACH	522	695	214	964	9.34	5.16	315.8	3423	15.46	*6	23.08	58.99	46.52	11.39	*0.12
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	500	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	200	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	500	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			749	77	1188	712.46	4.01	581.8	5340	39.08	*38	32.51	105.09	23.56	7.34	*0.04
% of Calories											*20.1%	17.4%	56.1%	28.3%	8.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/19/2024																
High School Lunch	Total	3199														
Torta,Pork Fully Loaded '24	1 EACH	500	486	88	353	9.95	3.16	131.7	5273	13.57	5	40.67	42.69	19.21	3.27	0.02
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	servings	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, Southwest Chicken '23	1 each	522	974	119	1732	16.02	7.09	409.9	1485	6.22	*8	39.46	91.18	55.22	14.26	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	500	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	500	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			805	78	1272	1766.5	4.58	560.4	5771	40.17	*38	38.52	110.63	24.97	6.66	*0.03
% of Calories											*19.1%	19.1%	55.0%	27.9%	7.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/20/2024																
High School Lunch	Total	3199														
TACO Walkin,Beef,- '24	Serving	500	493	33	791	4.43	2.32	75.2	798	6.32	*3	19.71	31.51	31.65	10.17	*0.00
PIZZA,DOMINOS14"WGPep,slic e'24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	522	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	400	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	200	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			774	67	1290	1414.2	4.05	606.8	5906	39.11	*38	36.05	107.06	23.20	7.39	*0.02
% of Calories											*19.7%	18.6%	55.3%	27.0%	8.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/21/2024																
High School Lunch	Total	3199														
GRAVY, TURKEY, L/F#2 '24	1 each	600	446	26	1502	4.07	3.43	174.8	31	0.36	*6	20.5	76.49	5.88	0.95	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	1000	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	300	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	300	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	300	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	300	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	300	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	300	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			758	64	1299	1062.3	4.10	606.6	5041	44.46	*39	33.93	118.73	17.44	5.07	*0.03
% of Calories											*20.7%	17.9%	62.6%	20.7%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/22/2024																
High School Lunch	Total	3199														
Pozole, Green Chicken '24	14 oz	500	262	70	1845	2.26	1.52	147.5	154	15.97	*5	19.2	28.82	6.82	2.83	*0.00
TORTILLA CHIPS-'24	SERVING	600	210	0	225	2.25	0.30	25.0	3	0.0	0	2.0	23.0	12.0	1.70	0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,Carnitas-2018#2	Servings	400	430	41	530	9.99	4.00	277.6	230	3.6	*3	27.1	53.2	11.8	3.79	*0.01
YOGURT PARFAIT W/ GRANO LA 2023	serving	1200	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	300	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	600	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	500	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	500	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	300	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	300	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	300	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	300	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			780	64	1312	1764.7	3.97	623.8	4980	49.13	*39	34.87	117.26	19.88	5.80	*0.02
% of Calories											*19.9%	17.9%	60.1%	22.9%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			773	70	1272	1344.0	4.14	595.9	5408	42.39	*38 *44.8%	35.18 18.2%	111.76 57.8%	21.81 25.4%	6.45 7.5%	*0.03 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	773		750 - 850	100%				
Cholesterol (mg)	70							
Sodium 1 (mg)	1272		1420	90%				
Sodium 1a (mg)	1272		1280	99%				
Fiber (g)	1344.09							
Iron (mg)	4.14							
Calcium (mg)	595.9							
Vitamin A (IU)	5408							
Sugars (g)	38	19.89%			Missing			
Vitamin C (mg)	42.39							
Protein (g)	35.18	18.20%						
Carbohydrate (g)	111.76	57.81%						
Total Fat (g)	21.81	25.39%	<=30.00%					
Saturated Fat (g)	6.45	7.51%	<10.00%					
Trans Fat ¹ (g)	0.03	0.03%			Missing			

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